



ORCHARD

HEALTHCARE
GROUP

Ashlea Lodge

Welcoming residents for residential,
residential dementia, respite and specialist
Reconnect dementia care



Welcome to Ashlea Lodge

Choosing care for someone you love is never easy. It's a decision filled with emotion, hope, and a desire to find the very best support. We're glad that you're considering Ashlea Lodge, and we're here to walk alongside you every step of the way.

Ashlea Lodge is a bright, modern and welcoming home in the heart of Sunderland, offering 24 hour specialist dementia nursing care within our Reconnect communities, as well as residential and short-stay care. The home features 39 comfortable en suite bedrooms, all equipped with contemporary facilities, while the outdoor patio provides a popular space for relaxation.

But beyond the building itself, what truly matters to us is the people who live here - their stories, their personalities, and the things that make them feel at home. From the moment someone comes to live with us here, we take time to understand who they are and what

brings them comfort, joy and purpose. We support not only their health needs, but also their emotional and social wellbeing, helping them settle in and feel part of our community.

We believe life should be lived as fully and as normally as possible. That means focusing on what people can do, not what they can't. We encourage independence, celebrate individuality, and support each person to make choices that feel right for them. Our aim is simple: to help people live enriched, meaningful lives where they feel valued for exactly who they are.

Ashlea Lodge is a sociable, friendly place where people spend time together, build new friendships and enjoy activities that matter to them. Whether it's a quiet moment, a shared laugh, or a lively event, there's always something to be part of. We're proud of our strong links with the local community too, bringing the outside world in, and helping people stay connected to the places and experiences they love.

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My dad has been in the home for a year now and all the staff from every department makes him feel happy and at home.

Daughter of resident living at Ashlea Lodge

Source: carehome.co.uk

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What makes Ashlea Lodge special?



Our specialist dementia care service, Reconnect, puts your loved one at the very heart of their own care



No top-up fees for Local Authority individuals



We provide expert, round-the-clock care, tailored to the person



Our residents take an active role in shaping life in the home through regular committee meetings and ongoing feedback

Activities

There's always something enjoyable happening here. Everyone is free to choose how they'd like to spend their time, with support on hand whenever it's needed. Our indoor and outdoor spaces are designed for relaxation, socialising and pursuing hobbies, whether that's continuing something your loved one already loves, or discovering something new. And for those moments when they would prefer some peace and quiet, our cosy lounges offer a calm place to unwind.

We host a variety of events throughout the year, and each person can decide if they'd like to join in. From group trips and days out to visits from entertainers, there's always something to look forward to. We're always open to new ideas. If you have suggestions for activities or events, we'd love to hear them. Everyone plays a part in making our home a warm, vibrant place to live.

Mealtime Experience

We know how important good food is, not just for health, but for comfort and enjoyment. Our talented kitchen team prepares nutritious, well balanced and tasty meals using quality, seasonal ingredients, and we cater for all dietary needs. People living in the home are encouraged to help shape our menus, ensuring meals reflect the tastes and preferences of our community. Whether it's a hearty home made pie or a light fruit sponge, our cooks take pride in creating dishes that feel familiar, comforting and delicious. A varied menu is available every day, along with snacks and fresh fruit that can be enjoyed at any time, day or night.

Our Care

We understand the importance of creating a comfortable, nurturing and welcoming environment. Relationships matter deeply to us, and we recognise the vital role family and friends

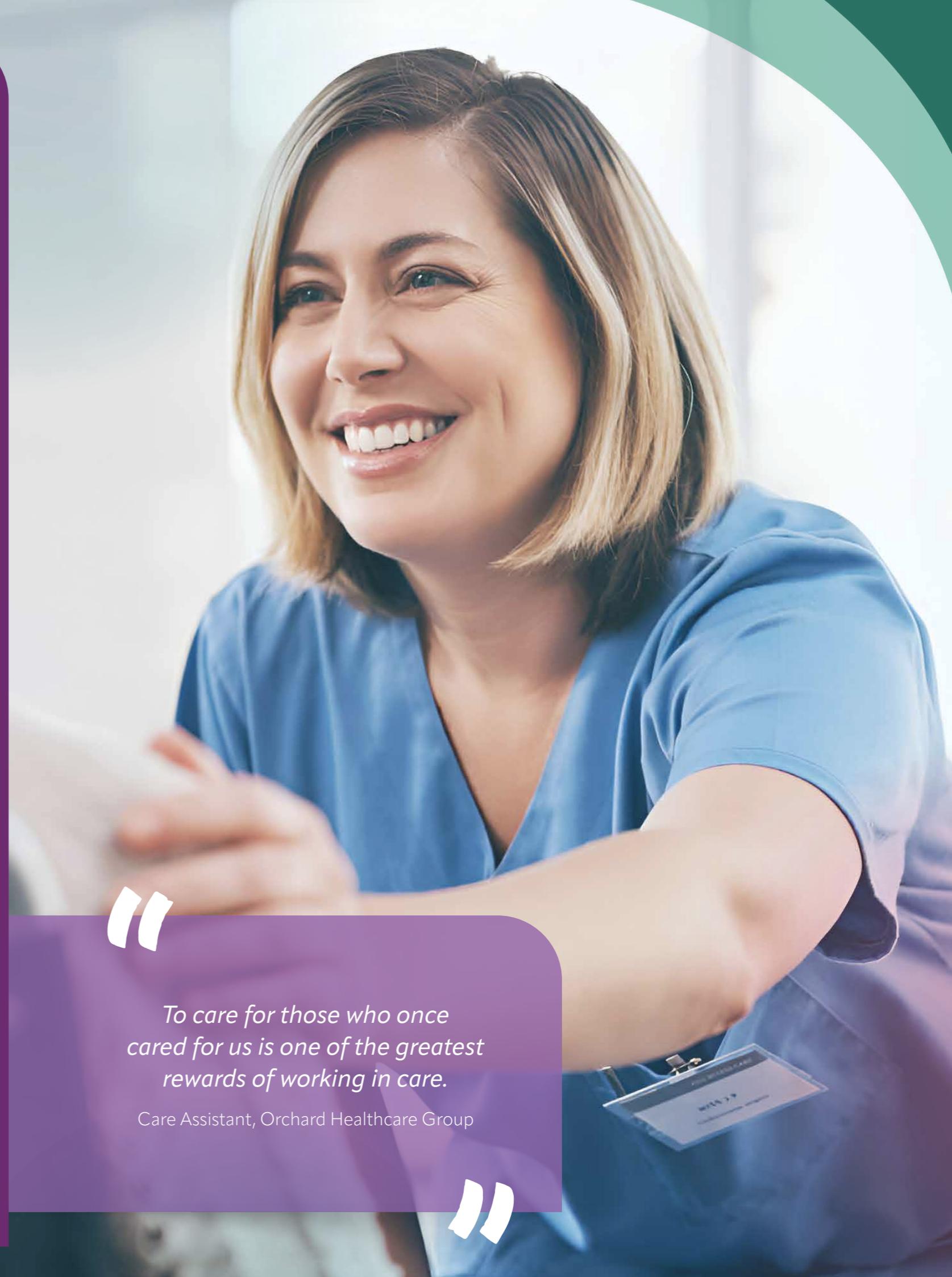
play in maintaining a person's identity and sense of belonging. Our specialist dementia nursing care is delivered by qualified nurses and support workers, available 24 hours a day. Our team takes the time to really get to know each person - their story, their values, what brings them joy, and what helps them feel safe and understood. Working closely with individuals, families and friends, we develop a personalised care plan that reflects who they are and how they want to live.

Making our home your home

People are at the heart of Ashlea Lodge. We're proud of our dedicated team, who deliver highly personalised care with professionalism, kindness and respect. We work hard to create a home where each person feels valued, supported and able to enjoy a healthy, safe and fulfilling lifestyle. Bedrooms are bright, modern and thoughtfully furnished, each equipped with nurse call facilities for peace of mind. We warmly encourage people to personalise their rooms with photos, keepsakes and favourite belongings, anything that helps make the space feel truly their own.

Our Friendly, Expert Team

Our focus is always on providing high quality care, tailored to each person. Training and coaching are central to our approach, and we invest heavily in our team's professional development to ensure everyone at Ashlea Lodge has the skills and confidence to support each person with empathy, positivity and respect. We've created a homely, supportive environment not only for the people who live here but for the colleagues who work here too. As a result, many team members choose to stay with us for a long time, offering continuity, familiarity and trusted relationships for the people in our care.

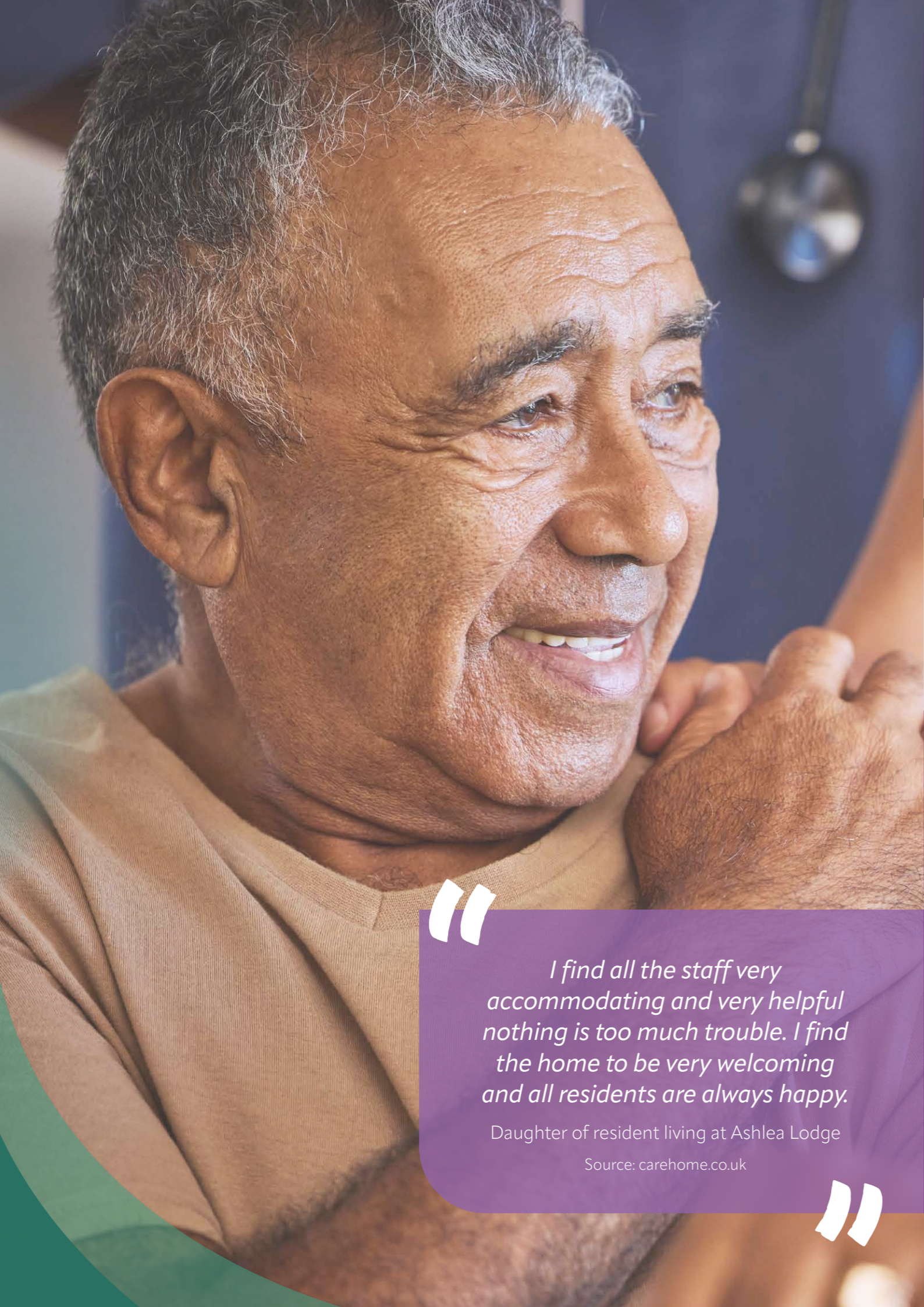


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To care for those who once cared for us is one of the greatest rewards of working in care.

Care Assistant, Orchard Healthcare Group

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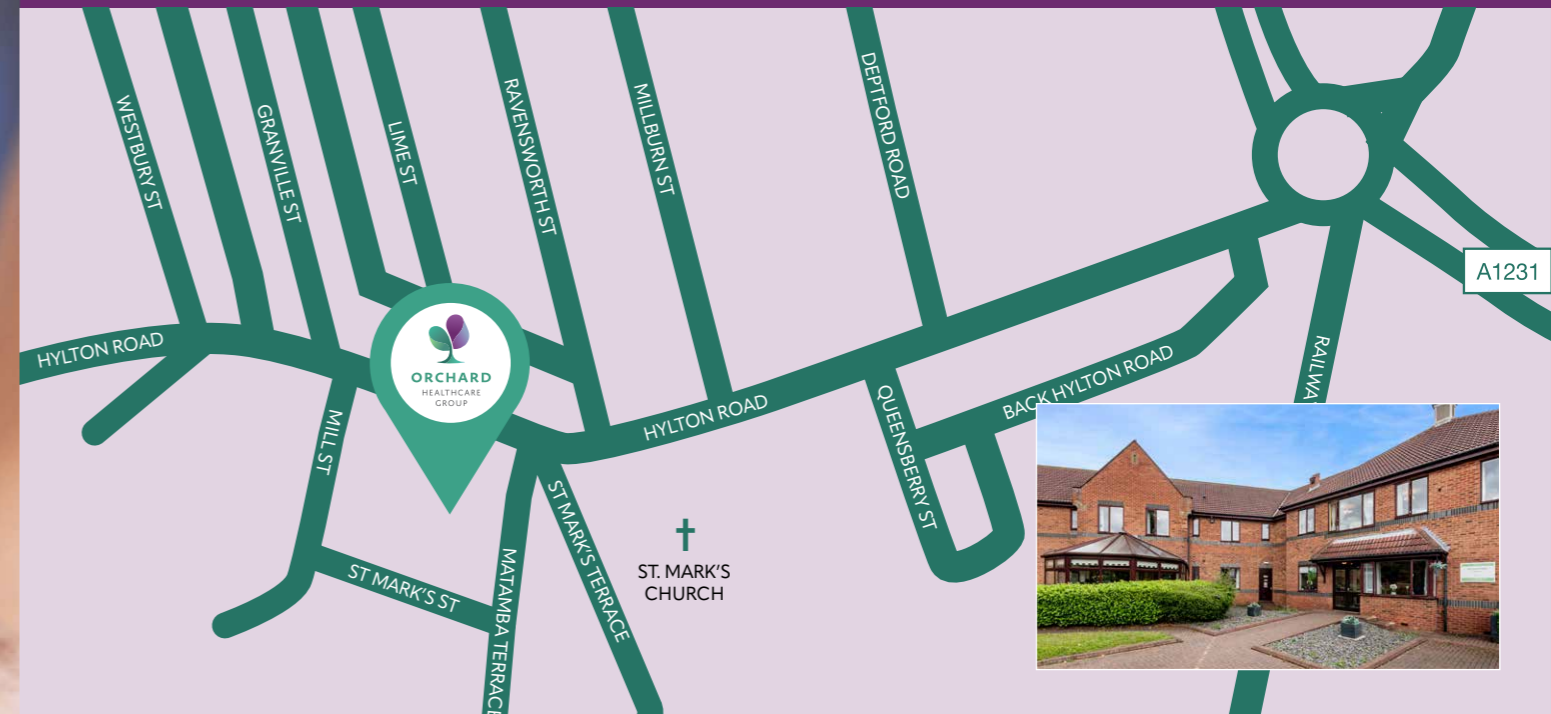


How to find us

Hylton Road, Millfield, Sunderland, Tyne & Wear, **SR4 7AB**

Tel: **0191 510 9405** Email: ashlealodge.manager@orchardhealthcaregroup.com

Directions: From Millfield – head south-west on Catharine Street West, turn right onto St Mark's Road North and then turn right onto Hylton Road. Continue onto Hylton Road and Ashlea Lodge is situated on the right opposite St Marks Church.



Visiting

Ashlea Lodge is your home, you are able to welcome family and friends to visit you at any time.

Find out more

For more information call: **0191 510 9405**
visit: <https://orchardhealthcaregroup.com/our-homes/ashlea-lodge-care-home-sunderland/>

I find all the staff very accommodating and very helpful nothing is too much trouble. I find the home to be very welcoming and all residents are always happy.

Daughter of resident living at Ashlea Lodge

Source: carehome.co.uk

Other homes nearby



Lansbury Court Sunderland **SR5 3DF**
Tel: **0191 549 3950**



Archers Court Sunderland **SR3 3DJ**
Tel: **0191 528 2526**

The home of specialist care

Ashlea Lodge Care Home in Sunderland
Hylton Road, Millfield, Sunderland, Tyne & Wear, SR4 7AB

T: 0191 510 9405



[orchardhealthcaregroup.com](https://www.orchardhealthcaregroup.com)

